

SHOOTING STAR



A shooting star is something magical to me. We all make a secret wish, and it brings joy and happiness to you. The Festive Season also hold its own happiness to us when one could celebrate what is special to you and your loved ones. In certain cultures, it is believed that a Shooting Star represents the soul of a new baby falling to earth ready to begin a new life. May you derive the same positiveness and happiness when you make the block.

GENERAL INSTRUCTIONS

This pattern has been designed for needle turn applique or spray starch applique techniques although one could do it with fusible machine applique techniques. Should you wish to use the fusible applique technique bear in mind that the designs have NOT been reversed.

A $\frac{1}{4}$ "seam allowance is used throughout the quilt and should be added to all drawings when making use of the needle turn and spray starch applique methods.

Embroidery was done with 2 strands DMC embroidery floss and 1 strand metallic thread. Stem stitch and straight stitches were used in the block.

SPRAY STARCH APPLIQUE METHOD

1. Trace the patterns onto the shiny side of the freezer paper with a permanent marker. You are going to make a paper sandwich by taking the pattern pieces which have been traced and press it to the paper (dull) side of another piece of freezer paper with the pen marks inside. Leave at least a $\frac{1}{2}$ " space between the different pieces when tracing.
2. Do not add a $\frac{1}{4}$ "seam allowance to the pattern. Cut the pattern pieces out from the freezer paper.
3. With a hot dry iron press the shiny side of the freezer paper to the wrong side of the fabric.
4. Cut the fabric with $\frac{1}{4}$ " seam allowance from the paper patterns i.e. $\frac{1}{4}$ "from the edge. Clip the seam allowance on the inner curve edges of the round shapes.
5. Spray some starch in a small bowl. Take a cotton ear bud or a small paint brush and dip it into the starch. Paint the starch onto the seam allowance of the shape with the freezer paper still intact. Use the point of the iron and iron the seam allowances onto the freezer paper template.
6. Turn the applique shape over and press on the right side of the fabric. Remove the freezer paper carefully.
7. Pin or glue the applique pieces in place on the background fabric.
8. Using applique stitch to sew the pattern pieces onto the background fabric.

SHOOTING STAR QUILT BLOCK (12.5 inches x 12.5 inches)

REQUIREMENTS:

- Spray starch
- Permanent marker with fine tip
- Freezer paper
- Small embroidery scissor to cut fabric
- Small paper scissor to cut paper
- Toothpick
- Cotton ear bud or small stencil brush
- Small bowl
- Small iron
- YLI satin thread
- John James embroidery hand needles no 10
- DMC embroidery floss in the same colours as the applique pieces
- Metallic Thread – red, green and gold
- 1 x Small button
- 4 x small beads
- Friction pen or washable blue marker
- 1 quilt ruler 12" x 24" inches
- Rotary Cutter
- Self-healing cutting mat
- Fabric for background
- Fabric for applique pieces

CUTTING INSTRUCTIONS:

- Background fabric: Cut 1 square 12 ½ "x 12 ½ "
- Applique designs: Cut from left over fabric.
- Fat quarters is more than adequate for this pattern

SEWING INSTRUCTIONS:

- Take background fabric block and draw a frame 1 inch in from the outer edges with a friction pen or washable blue marker pen– The applique pieces will therefore not be in the seam allowances of the block
- Place the design sheet on a light box and trace the design on the background fabric with a friction pen or washable blue marker pen. You need to trace the embroidery lines in as well
- Prepare applique patterns as per description above on Spray Starch applique method
- Place the prepared applique patterns on the background fabric as per design lay out
- Pin applique pieces
- Sew by hand using the applique stitch
- Sew the button on door and small bead on hat and shirt of snow man
- Embroider eyes, nose, arms and hands of snowman.

Enjoy!